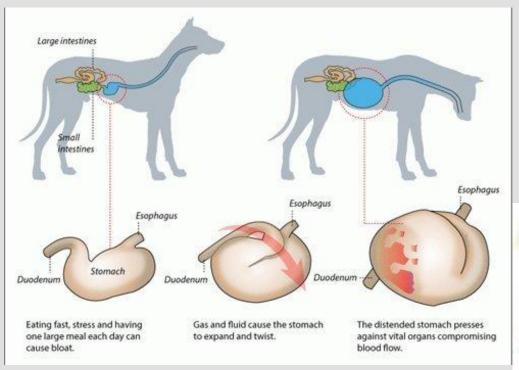


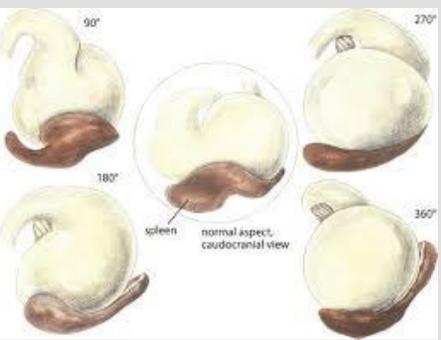
What is it?

Gastric - involving the stomach **Dilatation** - a dilated organ or vessel **Volvulus** - obstruction caused by a twisted stomach or intestines

- GI tract is just a long tube
 - "Candy wrapper" analogy
 - Prevents gas release in both directions
- Production of gas from metabolism and normal gastric juice build up
- Stomach becomes taut/distended
 - Presses on diaphragm, impacts breathing
 - Presses on abdominal blood vessels,
 obstructing blood flow → systemic shock
 - Stomach tissue necrosis and death from alack of perfusion
- Splenic involvement/compromise
- Fatal without treatment



GDV Diagram, Splenic Involvement



At-Risk Pets?

The following are predisposing factors, but not guarantees of GDV.

- Large and giant breed dogs
- Deep-chested dogs
- Older dogs
- Genetic predisposition (bloat in a related dog)
- +/- sex (male > female)
- Eating rapidly
- Eating only one daily meal
- Elevated food bowls
- Temperament/behavioral (stressed, fearful, or hyperactive animals)
- Illness affecting GI motility

Signs and Symptoms

Owners will report or you will see these symptoms on triage:

- Swollen, taut, & painful abdomen
- Unproductive retching
- Drooling
- Postural changes/stretching
- Anxiety/distress/restlessness
- Breathing changes
- Weakness or collapse

Vitals

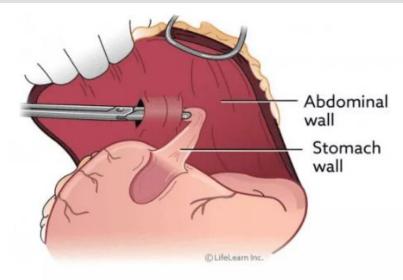
- MAY be fairly normal, but often see:
- o Increased HR, RR, CRT
- Decreased Temp
- Pale MM

Treatment

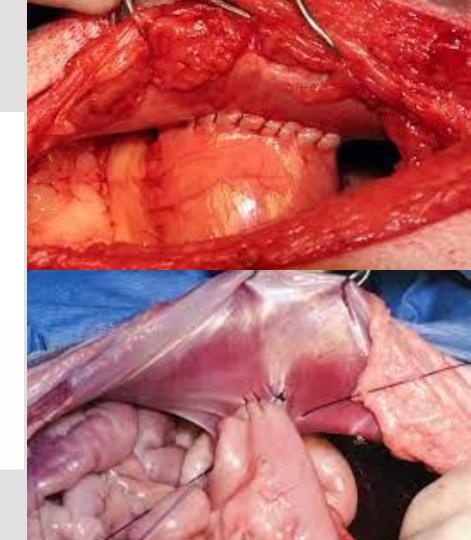
Typically requires surgical intervention, symptoms can be temporarily alleviated

- Radiographs to confirm GDV
 - Lateral abdominal
 - "Double bubble"
- Bloodwork to assess organ function
- Pain management
- Trocharize stomach
 - Decompress and relieve pressure by releasing gas via catheter
- Stabilize and treat shock symptoms
 - o IVC, bolus IVF
 - Oxygen support if needed
- Pass orogastric (OG) tube, +/- lavage
 - Remove stomach contents (pre-/intra-op)
- Surgical correction
 - De-rotate stomach, examine organ viability, gastropexy

Gastropexy



Surgically "tacking" the stomach to the right side of the body wall prevents it from twisting and causing GDV.



Recovery and Aftercare Post-op care can vary based on several factors

- Risk of general anesthesia
- De-rotation of stomach releases built-up toxins
- Degree organs were compromised
 - Partial gastrectomy
 - Splenectomy
- Cardiac arrhythmias and pulse deficit monitoring
- Small, regular frequent meals during recovery
- Antibiotics bacterial translocation
- Gastroprotectants
- Prokinetics aid motility/gastric atony



What is it?

FLUTD - <u>F</u>eline <u>L</u>ower <u>U</u>rinary <u>T</u>ract <u>D</u>isease

- Feline Idiopathic Cystitis (55%-63%)
 - Idiopathic = unknown cause
 - Common, diagnosis by exclusion
- Urinary Crystals / Plugs (10%-21%)
 - Variations in urine pH can allow formation
 - Plug composed of mineral crystals, blood cells, proteins/mucus, epithelial cells
- Bladder / Urinary Stones (15%-22%)
 - Excess of minerals naturally present accumulate to form crystals, then stones
- Urinary Tract Infection (1%-8%)
 - Usually caused by ascending bacteria
- <u>Ne</u>oplasia (1%-2%)
 - Cancer, relatively rare in cats but seen more in older cats (>10y)

At-Risk Pets?

UO

- Male cats (narrow urethra)
- Young middle age cats
- +/- Obesity
- +/- Exclusive dry food diet
- Breed (some studies indicate)
 - O Russian Blue, Persian, Himalayan
- Stressful environment, multi-cat home

UTI

- Concurrent metabolic disease
 - Renal disease, DM, hyperthyroidism
- Urinary stones
- Female cats
- Incontinence
- Recent urinary/urogenital procedure

Signs and Symptoms

Owners will report or you will see these symptoms on triage:

- Frequent trips to the litter box
- Straining with little-to-no urine
- Blood in urine
- Vomiting
- Bladder palpates large and firm
- Abdominal discomfort
- Red or purple penis
- Excessive licking of prepuce/vulva
- Thickened bladder wall (palpated or via u/s)

Vitals

- MAY be fairly normal, but often see:
- Decreased HR, Temp
- +/- arrhythmia
- Attitude = painful or dull/recumbent

Treatment

Urinary catheter, diet change, +/- surgery

- Urinalysis, +/- urine culture
 - Identify crystals (struvite, CaOx, other)
 - See other abnormalities (bacteria, blood)
- Bloodwork
 - To evaluate whole body but particularly kidney function (azotemia) and electrolyte status
- Abdominal radiographs
 - o Determine presence of stones/calculi
- Pain management
- Stabilize, treat electrolyte abnormalities*
 - IVC, fluids
 - Hyperkalemia CaGlu, Insulin, Dextrose
- Unblocking procedure
 - Pass and place urinary catheter
- Perineal urethrostomy (PU)
 - For repeat occurrences of UO
- Cystotomy
 - To remove bladder stones

P.U. Surgery

https://vetgirlontherun.com/videos/how-to-perform-a-perineal-uret hrostomy-in-cats-vetgirl-veterinary-continuing-education-videos/

Recovery and Aftercare Post-procedure or post-op care vary

- Risk of anesthesia
- IV fluids
- Indwelling urinary catheter maintenance*
- Care of PU surgical site
- Urinary closed collection system
 - Measure INs and OUTs
- E-collar
- Pain medications
- Prazosin urethral relaxant
- Antibiotics for UTI
- Urinary diet
- Pull U-cath after 24-48 hours and monitor urination or straining



What is it?

Seizure - involuntary actions resulting from excessive electrical activity in the brain - can last a few seconds to minutes

Epilepsy - having at least two unprovoked (nontoxic, nonmetabolic) seizures, at least 24 hours apart

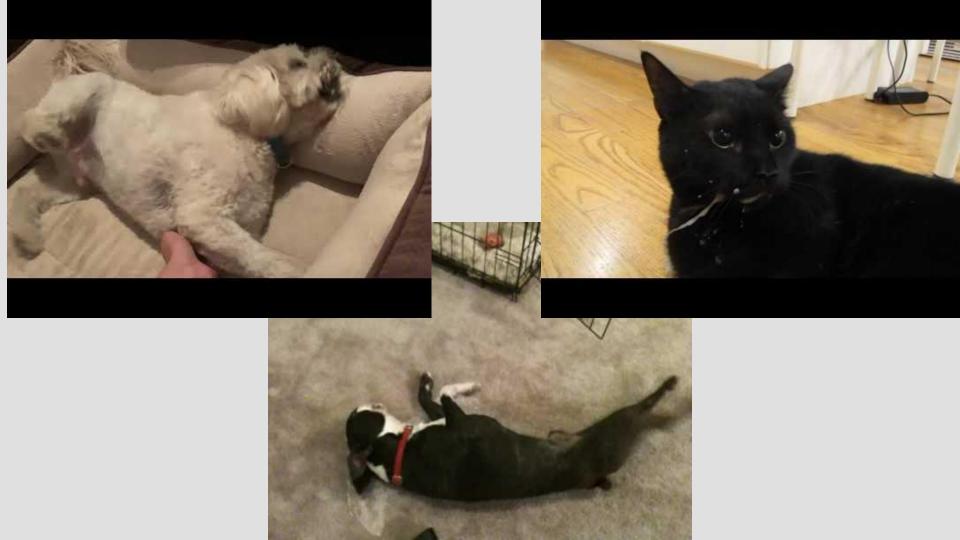
Cluster Seizures - having two or more seizures <u>within</u> 24 hours and regaining consciousness between them

Status Epilepticus - when an animal experiences:

- A single seizure lasting > 5min
- Multiple/cluster seizures without regaining consciousness in between (> 2 seizures)
- **This is a serious emergency

Types of Seizures

- Grand mal / Generalized
 - Affects entire brain
 - Muscle spasms/contractions (tonic/clonic)
 - Loss of consciousness
 - Urination/defecation
 - o Drooling, foaming at mouth, chomping
 - May appear as collapse without spasms
- Focal / Partial motor
 - Only affects part of brain
 - +/- loss of consciousness (*simple* vs. *complex*)
 - Twitching, localized spasms
 - Flybiting, licking or swallowing
 - Odd behavior **(Psychomotor / behavioral)**
 - Involuntary movements
 - Balance issues
 - Dilated pupils
 - Fur standing on end (=piloerection)
 - Hallucinations
 - Aggression
 - Spacing out
- Petit mal / "Absence" seizure
 - Needs EEG diagnosis, seen in humans







Some Causes of Seizures

- Structural
 - Brain cancer, tumor
 - Encephalitis
 - Vascular disease or embolism
 - Head trauma
- Metabolic
 - Hypoglycemia, hyperglycemia
 - Electrolyte imbalance
 - O Poisoning, toxins
 - Infection or inflammation
 - o Anemia
 - Kidney disease
 - Liver disease
- Idiopathic
 - No known cause
 - Some breed/genetic tendencies

Bold = seen more commonly at AAVEC

At risk pets?

Some additional risk factors for idiopathic epilepsy include:

- Breed higher incidence in:
 - Australian Shepherds
 - Beagles
 - Belgian Tervuren
 - Border Collies
 - German Shepherds
 - Labradors
- Age higher incidence of onset between 6mo 6y

Signs and Symptoms

Owners will report or you will see these symptoms on triage:

- Active seizure(s)
- Abnormal behavior
- Collapse

Vitals

- MAY be fairly normal if not actively seizuring, but often see:
- Increased Temp
- Abnormal mentation

Immediate Care in Hospital Dependent on if patient presents with active seizure activity.

- Stop active seizure
 - Place IVC
 - Check BG is that the cause?
 - Give anticonvulsant
 - Diazepam
 - Midazolam
 - Manage temperature if needed
- If not active seizure, but **post-ictal**, give anticonvulsant medication
- Determine cause of seizure

Post-ictal phase = the state of altered consciouness after a seizure (variable duration and severity)

Diagnosis and Treatment

Treatment depends on cause of seizures.

- If structural
 - Neurologic examination
 - o MRI
 - CSF analysis
 - Manage with AEDs
- If metabolic
 - Resolve cause \rightarrow eliminate seizures
 - Treat glucose or electrolyte abnormalities
 - Treat poison/toxin ingestion or exposure
 - Manage other disease processes
- If idiopathic
 - > +/- Manage with AEDs
 - Sometimes AEDs are not needed, but owners prefer to reduce future chance
 - Phenobarbital*
 - Levetiracetam (Keppra)
 - Zonisamide
 - Potassium Bromide (KBr)
 - Rescue drugs = Diazepam, Midazolam



What is it?

Normal temperature range = 100.0 - 102.5 °F Hyperthermia = > 103.5°F

Hypothalamus regulates body temperature

- **Pyrogenic** hypothalamus affected by infection/inflammation
- **Nonpyrogenic** environmental factors, body is unable to regulate temperature

How Does Cooling Occur?*

- Evaporation
 - Water evaporation from tongue (panting)
 - Dogs sweat only through their paw pads
- Conduction
 - Transfer of heat (lying belly-down on a cool floor via surface contact)
- Convection
 - Movement of air over the body which disperses heat (wind, fan)
- Radiation
 - o Body heat dissipating into environment

At-Risk Pets?

Heat stroke can occur in any animal, but these conditions increase its likelihood.

- Thick or heavy fur coats
- Obese animals
- Large breeds
- Brachycephalic dogs
- Conditions that obstruct airflow
 - Laryngeal paralysis
 - Tracheal collapse
- Heart conditions
 - Decreased cardiac output
 - Decreased cutaneous circulation
- Environment
 - Increased ambient temperature
 - Increased humidity
- —— Poor ventilation
 - Decreased H₂O access
- Excessive exercise/exertion, seizures

Signs and Symptoms

Owners will report or you will see these symptoms on triage:

- Collapse
- Labored breathing
- Excessive panting, tachypnea
- Dull mentation
- V/D (often bloody)
- Bleeding or bruising
 - Petechiae of gums, pinna, or ventrum

Vitals

- Increased Temp, RR, HR
 - Normal temp if already cooled
- Dry, sticky, or red MM, CRT <1s
- MM can progress to pale or cyanotic
 - \circ Dull mentation or ataxia \rightarrow seizures

Petecchia - ventral abdomen, pinna





Effects on the body

Heat stroke affected numerous organ systems and can cause:

Denatured proteins & enzymes at 106°F

• Start to see major symptoms

Organ failure and death at 107°F-109°F

CNS

- Neuron death, cerebral edema & hemorrhage
- Cardiac
 - Initially increased output and vasodilation
 - Then decreased circulation & BP \rightarrow shock
 - Decreased circulation → electrolyte derangement, acidosis, and microthrombi
 - Arrhythmias and worsening perfusion

Vascular

○ Activation of coagulation cascade → DIC

Effects on the body

Pulmonary

- Pulmonary edema
- Acute respiratory distress syndrome (ARDS)*

Gastrointestinal

- Decreased perfusion and hypoxia compromises integrity of GI tract/mucosa
- Mucosal sloughing
- Increased permeability → bacterial translocation
- Bacteremia/endotoxemia → sepsis, shock, death

Kidneys

Tubular necrosis, injury from heat, vasoconstriction, dehydration

Liver

Liver damage from heat and hypoxia

Treatment

Cooling, stabilization, and supportive care

- Active cooling
 - Cool, wet towels (replace frequently)
 - Cool (NOT COLD) water*
 - Fan for airflow over patient, on tub sink grate for airflow under patient
 - **STOP** cooling around 103.0-103.5 (q5min)
- IVC, IV fluids
- Oxygen support (flow-by or intubated)
- +/- FFP transfusion (clotting factors)
- BP monitoring and support
- GI protectants, antiemetics, antidiarrheals
- Antibiotics gut bacteria translocation
- +/- Seizure management
- +/- Osmotic agent for cerebral edema
- Risk for organ failure & DIC up to 5-7 days after incident



What is it?

Typically, the cause is species-specific:

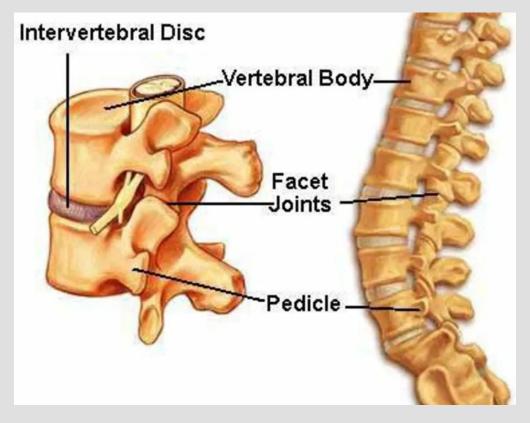
Dogs - spinal issue (IVDD, IVDH)

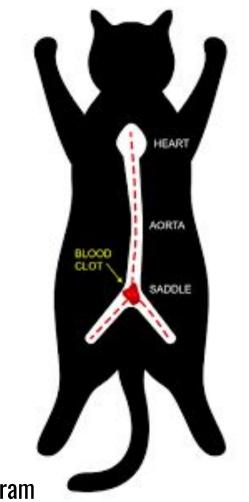
- Degenerative changes (i.e., hardening) to intervertebral discs can cause bulging or bursting
- Causes compression and inflammation of spinal cord and nerves
- Disc location impacts area affected*

Cats - <u>Feline Aortic ThromboEmbolism</u> (FATE) = "saddle thrombus"

- Blood clot forms in the heart, then a piece breaks off and circulates
- Smaller clot piece gets stuck where the aorta branches off to each hind leg
- Clot obstructs blood flow → tissue and muscle damage from hypoxia, biotoxins

IVDD - disc and vertebrae anatomy





FATE - vasculature diagram

At-Risk Pets?

Dogs

- Chondrodystrophic breeds:
 - Dachshunds, Beagles, Shih Tzus, Pekingese,
 Basset Hounds, Cocker Spaniels, Corgis,
 Lhasa Apsos, French Bulldogs
 - Symptoms usually between 3-6y
- Other breeds usually between 5-12y
- Obesity, particularly in predisposed
- +/- Spay/neuter, esp. Early (<ly)*
- Can result from trauma

Cats

- Underlying heart disease (i.e., HCM)
- +/- Males > females
- Mixed breed, Maine Coon, Abyssinian, Ragdoll, Birman, Norwegian Forest, Sphynx
- Older adults (8y 12y)
- Hyperthyroidism

Signs and Symptoms

IVDD/IVDH

- PAIN!
- Reluctance or inability to walk/jump
- Proprioception deficits
 - Knuckling limbs
 - Crossing hind legs
- Arched back
- Inability to urinate/defecate
- Urinary/fecal incontinence
- Behavioral changes (hiding)

FATE/Saddle Thrombus

- PAIN!
- Hardened muscles in hind limb(s)
- Pale-to-blue-ish hind paw pads
- Hind paws are cooler to the touch
- Dragging or not using hind limb(s)

• Vitals

- MAY be fairly normal, but often see:
- Pain response (increased HR, RR, attitude)













Diagnosis

Diagnosis is based on owner history, physical exam, and imaging

IVDD/IVDH

- Neurologic exam
 - Motor function of limbs
 - Reflexes withdrawal, panniculus
 - Deep pain
 - O Paresis vs. paralysis/-plegia
- +/- CSF tap to rule out other causes
- Imaging
 - Radiography to screen
 - MRI or CT to confirm

FATE/Saddle Thrombus

- Compare BGs on all limbs
- <u>Compare BPs on all limbs</u>
- Chest radiographs
- Echocardiogram, abdominal u/s

Treatment

IVDD/IVDH

- Medical management
 - Pain medication
 - Steroids or NSAIDs
 - +/- Muscle relaxants
 - Strict cage rest
 - Risk of relapse/recurrence of symptoms

Surgery

- MRI or CT imaging to locate disc
- Removal of bulging or ruptured disc
- Laminectomy surgery (hemi-, dorsal, etc.)

FATE/Saddle Thrombus

- Pain control
- Oxygen support
- Cardiac medications
- Anticoagulants, platelet inhibitors*
- ROM, PROM
- High risk of recurrence
- Euthanasia

Recovery and Aftercare Post-op care for IVDD

- Risk of general anesthesia
- Managing a nonambulatory patient
 - Recumbency rotation
 - PROM, standing exercises
 - Sling-assistance
 - Hygiene considerations
- Urinary care
 - Urinary catheter
 - Indwelling vs. intermittent
 - Palpation/expression
 - Medications
 - Diazepam
 - Prazosin
 - Bethanechol
- Pain medication
- NSAIDs
- Chemotherapy drugs * (look up)