### Urinalysis & Fecal Analysis

# 1. Physical Parameters

### **Urine Collection Methods**

This is how the sample was obtained

- Free Catch The patient voided urine on their own
- Cystocentesis We removed it from the bladder
- U-Cath We removed it from the urinary catheter

### **Color of Urine**

### A way to describe the visual appearance of urine



### Hematuria

- Red or Red Brown Colored Urine
- UTI or inflammation (cystitis, pyelonephritis, nephritis, prostatitis)
- Due to traumatic cysto or catheter, or manual expression
- Calculi (Stones)
- Neoplasia (Tumors)
- When centrifuged the RBC will go to the bottom of the vial



### Hemoglobinuria

- Red
- Red/Brown
- Intravascular Hemolytic Anemia
- When centrifuged the color of the urine will be unchanged. RBCs won't all go to the bottom of the tube.



### Bilirubinuria

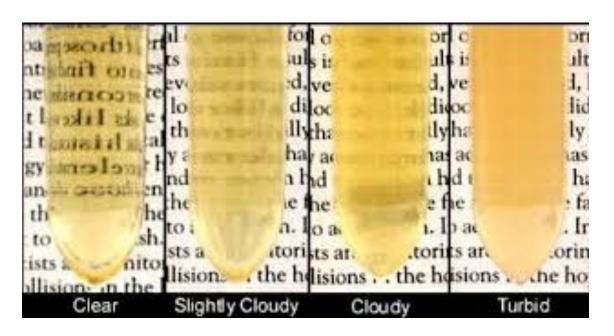
- Yellow/orange
- Yellow/brown
- Hepatic or biliary disease
- Hemolytic disease



### Clarity of the Urine

A way to describe the visual appearance of the urine (clear, cloudy,

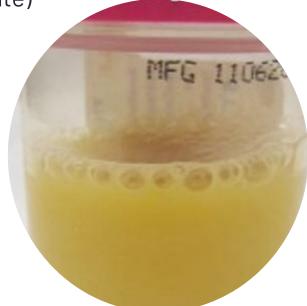
turbid)



### If There is Decreased Clarity

UTI or Inflammation (Cystitis (Bladder), Pyelonephritis (Kidney),
 Nephritis (Kidney), Prostatitis (Prostate)

- Urinary calculi
- Neoplasia

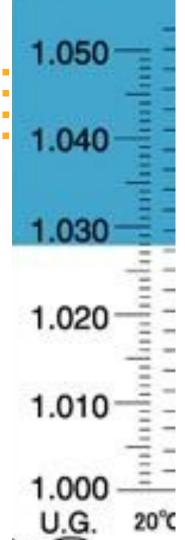


### Difference Between Nephritis & Pyelonephritis

 Nephritis is often caused by infections, and toxins, but is most commonly caused by autoimmune disorders that affect the major organs like kidneys.

• Pyelonephritis is inflammation that results from a urinary tract infection that reaches the renal pelvis of the kidney.





### USG!

### **Urine Specific Gravity**

Reflects concentration of particles in the urine.

### **Urine Specific Gravity**

- USG must be interpreted in light of the
- animal's hydration status.
- Values ≤1.005 = dilute urine;
- Values >1.030 (dog) or >1.035
- (cat) = concentrate urine.
- Inappropriate USG implies kidney disease.

### Refractometer

- After cleaning with distilled water and drying, place a small drop of urine on the blue portion of the glass.
- Close the lid and hold it down while looking to the eyepiece up at the light to see the line that falls between light and dark.

### Hyposthenuria (USG <1.008)

- Low specific gravity due to inability of the kidney to concentrate the urine normally
- Pyometra
- Addison's or Cushings
- Pyelonephritis
- Hypercalcemia
- Increased water consumption
- Hyperthyroidism
- Medications or fluid therapy

### Isosthenuria (USG 1.008-1.012)

- Is neither greater (more concentrated) nor less (more dilute)
   than that of protein-free plasma
- Renal Disease
- Addison's Disease or Cushing's Disease
- Diabetes Mellitus
- Increased water consumption (primary polydipsia)
- Lack of medullary concentrating ability
- Medications or fluid therapy

### Hypersthenuria (USG >1.012)

Appropriate concentration

- Dog >1.030
- Cat >1.035

Can be a result of dehydration

# 3. Urine Dipstick

## The Urine Dipstick

1 Drop of urine on each pad on the stick will determine various results that help us with a diagnosis.



### pH = Potential of Hydrogen

- Urine pH is a measure of acidity or alkalinity of the urine.
   To help maintain a normal blood pH, the kidney will vary how much acid is put into the urine.
- Carbon dioxide (an acid) in the body affects the acidity
- Bicarbonate (a base) in the body affects the alkalinity in the blood.
- When one goes up the other goes down, there should be a balance (pH of 7 is neutral, >7 Base, <7 Acid)</li>

### Decreased pH (acidic) vs Increased pH (Alkaline)

### ACIDIC

- Metabolic acidosis

   (Antifreeze Toxicity, DKA,
   ARF or CRF, Addison's
- High-protein or milk-based diet

### **ALKALINE**

- Artifact (Delayed sample analysis (spontaneous degeneration of urea)
- UTI with urease-producing bacteria (Staphylococcus spp., Proteus spp.)

### **Protein**

- Negative Protein Clinically normal animal, Small amounts of protein ((50 mg/dL or less) can be normal in urine, especially if urine is concentrated
- Increased Protein Prerenal proteinuria, Systemic hypertension, Renal proteinuria, Tubular proteinuria, Inflammation or infection of the upper or lower urinary tract, Hemorrhage into the urinary tract or reproductive tract, Neoplasia of the urinary Tract, Cushing's disease, False positives

### Other Dipstick Testing

### Glucose

**Negative** - Normal,

False Negatives can come from low temps.

>Glucose - DM, Lepto, Pyelonephritis, Renal Tubular Dysfunction, Stress in Cats

### **Ketones**

Result from burning fat for energy

**Negative** - Normal

False Negatives from old urine

>Ketones - DKA or Starvation

### Urobilinogen

Byproduct of bilirubin breakdown in the intestines

Negative - Normal

Increase - Can be normal in dogs, IMHA, Zinc Toxicity, RBC Parasite

### Other Dipstick Testing

### **Bilirubin**

Hemoglobin breakdown product of senescent red blood cells that is cleared by the liver. High concentrations in the blood cause a yellowing of the skin and sclera (jaundice).

### **Blood/Hemoglobin**

Protein within the RBC that carries oxygen

### Leukocytes (WBCs)

Feline results: not valid

Canine results: only valid occasionially; therefore, microscopic confirmation recommended

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### UA ANALYZER

Automatically reads and captures dipstick strip results

- Please clean daily with alcohol and a lint free wipe
- Make sure it is dry before running the sample.



### 4. Urine Sediment and Microbiology

### SediVue Dx

Urine Sediment Reader

Click this link to review how to use the analyzer and how to perform a dry prep if you needed to do a manual slide.



### **Red Blood Cells**

### None to rare red blood cells

- Normal (≤5 RBC/hpf considered clinically Insignificant.
- RBCs rapidly lyse in samples with low urine specific gravity.

### > Red Blood Cells

- Urinary trauma
- Cystocentesis, U-Cath, Manual Expression
- UTI or inflammation
- Urinary calculi
- Neoplasia

### White Blood Cells

### None to Rare White Blood Cells

- Normal (≤5 WBC/hpf
- considered clinically
- insignificant)
- Occult inflammation:
- Low urine specific gravity, DM
- Cushing's disease, and Anti-inflammatory medications

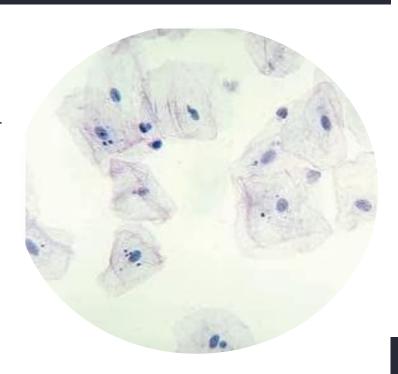
### **Increased White Blood Cells**

- Urinary tract infection or inflammation
- Urinary calculi
- Neoplasia

### Squamous Epithelial Cells

### **Increased Epithelial Cells**

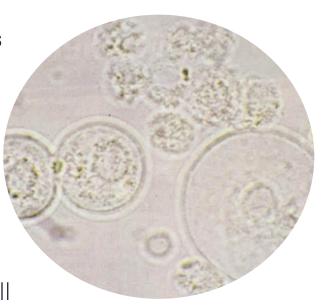
- Cells that line the surfaces of the external genitalia and lower urinary tract
- Possible with voided or catheterized samples from normal dogs and cats
- Urinary tract infection or inflammation, Urinary Calculi
- Neoplasia



### Renal Tubular Epithelial Cells

### **Increased Renal Tubular Epithelial Cells**

- Cells that line the urinary system (renal tubules, renal pelvis, ureters, and urinary bladder)
- Urinary tract infection or inflammation
- Urinary calculi
- Neoplasia (especially transitional cell
- carcinoma)



### **Hyaline Casts**

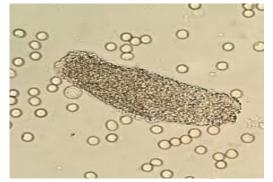
- Cell-free casts (cylinders) formed from Tamm-Horsfall mucoproteins within the renal tubules
- Low numbers may be normal in a highly concentrated urine
- Fever/exercise in low numbers
- Glomerular disease,
   Glomerulonephritis, Glomerular amyloidosis



### Non-hyaline casts

- Fever/exercise: low numbers of fine granular casts
- Active renal injury: epithelial cells, white blood cells, and granular casts possible
- Toxicity (NSAIDs, aminoglycosides, ethylene glycol) Renal ischemia /shock / hypoperfusion
- Renal infarction





### **Struvite Crystals**

- May form after collection in stored, refrigerated samples
- Urinary tract infection
- Idiopathic lower urinary tract disease of cats
- Potentially associated with struvite urolithiasis



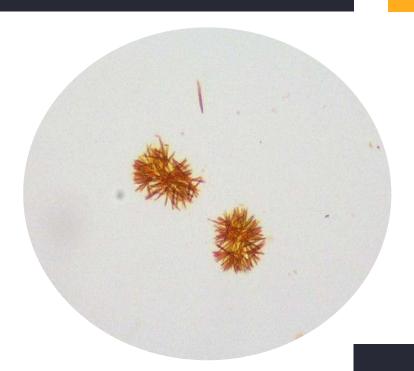
### **Ammonium Biurate Crystals**

- Possible urate urolithiasis
- Portosystemic shunt
- Liver disease/failure
- May be seen in normal Dalmatians and English bulldogs
- May form after collection in stored, refrigerated sample



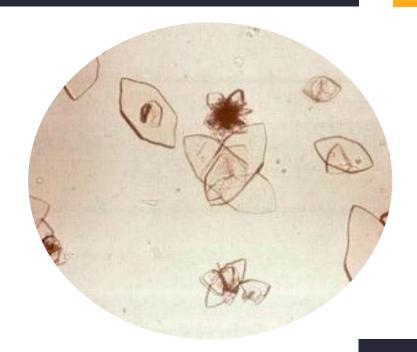
### **Bilirubin Crystals**

- Highly concentrated urine from normal dogs
- Increased conjugated bilirubin in urine
- Cholestatic liver disease
- Potential hemolytic disease



### **Uric Acid Crystals**

- Highly concentrated urine from normal dogs
- Possible uric acid urolithiasis



### **Uric Acid Crystals**

- Reported in many breeds; predisposed in Newfoundland, dachshund, mastiff, bassett hound, English bulldog
- Result of a genetic abnormality that prevents a dog from reabsorbing cystine from the kidneys. Believed to be inherited in dogs.





### Thanks!

### **Any questions?**

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