

CONVERSION

To change from one form or function to another





WEIGHT CONVERSIONS

GRAMS	OUNCES	POUNDS	KILOGRAMS
INSIDE 1 GRAM THERE IS:	INSIDE 1 OUNCE THERE IS:	INSIDE 1 POUND THERE IS:	INSIDE 1 KILOGRAM THERE IS :
0.001 KILOGRAMS	0.03 KILOGRAMS	0.45 KILOGRAMS	2.2 POUNDS
0.002 POUNDS	0.06 POUNDS	16 OUNCES	35.2 OUNCES
0.03 OUNCES	28.6 GRAMS	453.6 GRAMS	1000 GRAMS

LET'S CONVERT!

POUNDS

KILOGRAMS

Divide Pounds by 2.2 = Kilograms

Example: Patient Weigh 101 lbs.

101 lbs. divided by 2.2 = 45.9 kg

KILOGRAMS

POUNDS

Multiply Kilograms by 2.2 = Pounds

Example: Patient Weigh 45.9 kg

45.9 kg X 2.2 = 101 lbs

DRUG DOSE CONVERSIONS

NANOGRAM (ng)	MICROGRAM (mcg)	MILLIGRAM (mg)	GRAM (g)
INSIDE 1 NANOGRAM IS:	INSIDE 1 MICROGRAM THERE IS:	INSIDE 1 MILLIGRAM THERE IS:	INSIDE 1 GRAM THERE IS:
0.001 MCG			
	1000 NG	1,000,000 NG	To high to matter for NG
Too small to matter for			and MCG
milligrams and grams	0.001 MG	1000 MCG	1000 MC
	Too small to matter for	0.001 G	1000 MG
	grams	0.001 G	
	3		

LET'S CONVERT!

GRAMS

MILLIGRAMS

Multiply Grams by 1000 = Milligrams

EXAMPLE: Doctors orders 3g of Mannitol.

3g X 1000 = 3000mg

MILLIGRAMS

GRAMS

Divide the milligrams by 1000 = Grams

EXAMPLE: Doctors orders 3000mg of Mannitol.

3000mg divided by 1000 = 3g

LET'S CONVERT!

MILLIGRAMS

MICROGRAMS

Multiply milligrams by 1000 = micrograms

EXAMPLE: Doctors orders 0.5mg of Fentanyl.

0.5 mg X 1000 = 500 mcg

MICROGRAMS

MILLIGRAMS

Divide micrograms by 1000 = milligrams

EXAMPLE: Doctors orders 500mcg of Fentanyl.

500mcg divided by 1000 = 0.5mg

TEMPERATURE CONVERSIONS

CELSIUS

FAHRENHEIT

To convert temperatures from CELSIUS to FAHRENHEIT multiply by 1.8 and add 32.

EXAMPLE: (30 CELSIUS X 1.8) + 32 = 86 FAHRENHEIT

FLUID CONVERSIONS

MILLILITERS (mL)	OUNCES (fl oz.)	LITERS (L)
1 milliliter is equal to	1 ounce is equal to	1 Liter is equal to
	29.5 milliliters	33.8 ounces
0.03 ounces		
0.001 liters	0.02 liters	1000 milliliters

LET'S CONVERT

LITERS (L)

MILLILITERS (mL)

To convert liters to milliliters multiply the liters by 1000.

EXAMPLE: 3 liters X 1000 = 3000 mls

MILLILITERS (mL)

LITERS (L)

To convert milliliters to liters divide by 1000.

EXAMPLE: 3000 milliliters divided by 1000 = 3 liters

TIME CONVERSIONS

SECONDS MINUTES HOURS

1 hour = 60 minutes 1 minute = 60 seconds

To convert hours to minutes: Hours X 60 = Minutes

To convert minutes to hours: Minutes divided by 60 = Hours

To convert minutes to seconds: Minutes X 60 = Seconds

To convert seconds to minutes: Seconds divided by 60 = Minutes

RECOMMENDATION

INSTEAD OF TRYING TO MEMORIZE CONVERSIONS MAKE A REFERENCE CHART AND PUT IT IN A NOTEBOOK





QUESTIONS?

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